



Thai Intro is the most amazing way to experience Thailand! You'll discover Bangkok by boat and Tuk Tuk, visit ancient temples, learn to cook delicious Thai food, sleep on floating bungalows in the middle of a rainforest, explore tropical islands, swim under waterfalls, have a Thai massage, party on the world famous full moon beach and more!

With a group leader from the moment you step off the plane, an instant group of friends and help with all your onward travel. Get ready for the trip of a lifetime!

BANGKOK → KOH PHANGAN

| | |
|--------------------|--|
| Transport: | Train, Taxi, Minibus, Tuk Tuk & Ferry. |
| Meals: | 2B, 3L, 3D |
| Group size: | 16 - 30 |
| Age Range: | 18 - 39 |
| Local Fees: | None |

HIGHLIGHTS

- Experience the fascinating culture and crazy nightlife of buzzing Bangkok.
- Sleep overnight on floating bungalows in the magical Khao Sok National Park!
- Discover the best of the beautiful island of Koh Phangan, including snorkelling, beach parties and more!

INCLUSIONS

- ✓ Personal Airport Pickup To The Hotel 24/7
- ✓ 8 Nights Accommodation
- ✓ All Transport
- ✓ Awesome Group Leader
- ✓ Help with Onward Travel
- ✓ Bangkok River Cruise
- ✓ Visit Ancient Temples
- ✓ Thai Cooking Class
- ✓ Khao Sok National Park
- ✓ Floating Bungalows
- ✓ Kayaking & Tubing
- ✓ Island Trip & Snorkelling
- ✓ Beach BBQ
- ✓ Muay Thai or Yoga Experience
- ✓ Thai Massage

NOT INCLUDED:

Flights, travel insurance, visas & some meals



ITINERARY & IMPORTANT INFO

DAY 1 - THAI INTRO BEGINS!

When you land in Bangkok after your long flight we'll be at the airport to meet you and take you to the guesthouse. You'll have plenty of time to recover from your flight, chill out and meet everyone in your group.

DAY 2 - TEMPLES, TUK TUK'S & PARTY

Discover Bangkok from a different perspective as we take a relaxing cruise through the heart of the city. We'll then visit Bangkok's most sacred and ancient temples and travel by tuk tuk through the crazy streets! At night we'll head out and experience some of the best nightlife in the world! **(B)**

DAY 3 - THAI COOKING CLASS

Learn the secrets to preparing delicious Thai cuisine first hand with a traditional Thai cooking class. Then you can sit back, relax and enjoy the sights of Thailand when we board the overnight train and travel down south. **(L)**

DAY 4 - FLOATING BUNGALOWS

We'll wind through amazing limestone cliffs in a long-tail boat to a pristine freshwater lake and will stay overnight in floating bungalows. You'll also go kayaking, tubing and monkey spotting! **(L, D)**

DAY 5 - TROPICAL PARADISE

We'll travel by boat to the beautiful tropical island of Koh Phangan – home of the world famous full-moon parties. After checking in to our own amazing beachside bungalows you can spend the afternoon exploring the island or just relax by the pool and work on your tan. We'll then head out and party on the world famous full moon party beach! **(B)**



DAY 6 - BEACH TIME & MASSAGE

A day to unwind, relax and get some well-deserved beach time. Before being pampered with a traditional Thai massage.

DAY 7 - ISLAND TOUR

You'll discover the beauty of Koh Phangan as we travel to some of the most amazing beaches in the world. Chill out, soak up some sun and snorkel in crystal clear water. We'll then kick back with a BBQ on the beach! **(L, D)**

DAY 8 - MUAY THAI OR YOGA

Today you have the choice of learning the art of Muay Thai boxing or bringing some peace and harmony into your action packed trip with a private Yoga class. We'll then head out for our last night on Koh Phangan. **(D)**

DAY 9 - CHECK OUT & ONWARD TRAVEL

Your amazing 9 day adventure finishes today! You can choose to stay longer Koh Phangan or continue your travels in Thailand. Your group leader will help you with your onward travel.



ARRIVAL INFORMATION

It's best to arrive on the actual start date. There's no activities on the first day, so you can arrive at any time. If you do arrive early we'll still pick you up from the airport and will book you into our Bangkok guesthouse – Wild Orchid Villa from the day you arrive. Extra nights will be approx. £25 / \$45AUD per night for a twin room and can be pre-paid with your agent or paid on arrival.

AFTER THAI INTRO

Thai Intro finishes on Koh Phangan in the south of Thailand. If you're staying on longer in Thailand, your Group Leader will help organise all of your onward travel.

If you plan to leave straight after Thai intro and need to get back to Bangkok to return home, here are your options:

The quickest way back to Bangkok is by taking a short 45 minute ferry from Koh Phangan to Koh Samui and then a one hour flight back to Bangkok. The first ferry from Koh Phangan is approx. 7.30am and so your flight from Koh Samui to Bangkok should be booked for no earlier than 11am. If you choose this method and you're flying internationally from Bangkok, your international flight should be booked for no earlier than 3.30pm

The second quickest, and most popular option, is to take a 3.5 hour ferry to Surat Thani and then a one hour flight back to Bangkok. The flight to Bangkok from Surat Thani should be booked for no earlier than 1pm. If you choose this method and you're flying internationally from Bangkok, your international flight should be booked for no earlier than 6pm.

If you have more time you can also do the overnight train back to Bangkok.

VISAS

Most nationalities including the UK, Europe, Australia, NZ, Canada, USD, Scandinavia and Brazil will usually receive a 30-day visa exemption on arrival for free. If you would like a longer tourist visa or are not eligible for the visa exemption you can apply for a visa at your nearest Thai consulate prior to entering Thailand. If you're unsure of your visa requirements or need any help just contact us.

TRAVEL INSURANCE

Travel Insurance for Thailand is compulsory to join Thai Intro. Your Group Leader will ask to see proof of your cover before your trip begins. You can organise travel insurance [here](#).

ACCOMMODATION GUIDE

BANGKOK - VILLA CHA CHA 2 RAMBUTTRI

2 NIGHTS

In the heart of the traveller district of Khao San Rd.

Twin/Double Rooms
Ensuite, WiFi & Air Con
Bar & Restaurant

OVERNIGHT TRAIN

1 NIGHT

A comfy bed and great journey.

Multishare Cabin with Air Con
Bathroom Onboard
Fresh Linen & Pillow

KHAO SOK - FLOATING BUNGALOWS

1 NIGHT

An amazing experience in the middle of the rainforest.

Twin/Double/Triple/Quad Rooms
Shared Bathroom
Fans in Rooms
Kayaking & Tubing

KOH PHANGAN - SARANA BUNGALOWS

4 NIGHTS

Our own place right on the beach!

Twin/Triple/Quad Rooms
Ensuite, WiFi, Air Con & Laundry
Infinity Pool, Bar, Restaurant, Gym & Yoga Hall



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.



BANGKOK



OVERNIGHT TRAIN



KHAO SOK



KOH PHANGAN

#SMALLCHANGE

SUSTAINABLE TRAVEL



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do.

Small Change is our own socially conscious initiative aimed at making the world that little bit better place to explore!

Click [here](#) to learn more!

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin or triple share, so we will put you in a room with someone of the same gender.



IS THERE WI-FI THROUGHOUT THE TRIP?

Most accommodations we stay at have free Wi-Fi available. Thailand's network quality is often lower than you're used to but you can generally connect and do basic stuff.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose your country.



WHAT LUGGAGE DO YOU RECOMMEND?

We always recommend travelling with a backpack and packing light! 10-20kgs of stuff should be plenty. It's generally quite hot in Thailand so dragging around a huge suitcase is not much fun. There is luggage storage at the airport or at some accommodations if needed. You'll also need a small overnight bag for some nights of your trip.



WHEN IS THE BEST TIME TO VISIT THAILAND?

The great thing about Thailand is it's usually quite hot all year round, so it's great to go at any time. There is a slightly higher chance of rain around October and November, however it usually only rains for an hour or so which can be a nice relief from the heat.



WHAT PLUGS DO THEY USE?

Thailand generally uses a flat or round 2 pin socket the same as most of Europe. It's always best to grab yourself an appropriate adaptor if needed before you go.



HOW MUCH SPENDING MONEY WILL I NEED?

All your activities, accommodation, transport and most meals are included, so you'll just need money for any extra meals, drinks, shopping and any onward travel. We recommend you bring at least £300 / \$500 spending money.



IS THE TAP WATER SAFE TO DRINK?

Don't drink tap water in Thailand, stick to boiled or treated water. Don't worry about ice as it is made using purified water. INTRO Travel has installed refillable water stations at almost all of our overnight stops so you will always have clean water and don't need to buy plastic water bottles. You can also buy a reusable INTRO water bottle!



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

It's best to take a Visa or Master Card debit, credit or travel money card. There are ATM's available throughout Thailand so it's easy to get access to cash. Some places accept credit card but not all.

That's about it for now!

Once you've booked you'll get access to our online Check In Area and the INTRO Travel App, which will give you all the information you'll need on Thailand and Thai Intro, so you can just relax and enjoy the experience.

Of course if you have an more questions just contact us. We're happy to help!

Website: www.introtravel.com
Email (UK, EU): enquiries@introtravel.com
Email (OZ, NZ, Nth America): office@introtravel.com

Phone (UK): 0800 133 7007
Phone (EU): +44 2033 97 97 90
Phone (OZ, NZ, Nth America): +61 2 9664 7000